

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-3-5-years	Similarities and difference Celebrating difference Showing kindness Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-3-5-years	Keeping my body safe Safe secrets and touches People who help to keep us safe Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-3-5-years	Looking after things: friends, environment, money Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-3-5-years	Keeping by body healthy – food, exercise, sleep Growth Mindset Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-3-5-years	Cycles Life stages Girls and boys – similarities and difference Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing
Y1	Feelings Getting help Classroom rules Special people Being a good friend Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-5-7-years	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-5-7-years	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-5-7-years	Taking care of things: Myself My money My environment Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-5-7-years	Growth Mindset Healthy eating Hygiene and health Cooperation Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-5-7-years	Getting help Becoming independent My body parts Taking care of self and others Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-5-7-years	Being kind and helping others Celebrating difference People who help us Listening Skills Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-5-7-years	Safe and unsafe secrets Appropriate touch Medicine safety Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-5-7-years	Cooperation Self-regulation Online safety Looking after money – saving and spending Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-5-7-years	Growth Mindset Looking after my body Hygiene and health Exercise and sleep Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-5-7-years	Life cycles Dealing with loss Being supportive Growing and changing Privacy Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing

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Y3	<p>Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-7-9-years</p>	<p>Recognising and respecting diversity Being respectful and tolerant My community</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-7-9-years</p>	<p>Managing risk Decision-making skills Drugs and their risks Staying safe online</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-7-9-years</p>	<p>Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-7-9-years</p>	<p>Keeping myself healthy and well Celebrating and developing my skills Developing empathy</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years</p>	<p>Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing</p>
Y4	<p>Healthy relationships Listening to feelings Bullying Assertive skills</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-7-9-years</p>	<p>Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-7-9-years</p>	<p>Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-7-9-years</p>	<p>Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-7-9-years</p>	<p>Having choices and making decisions about my health Taking care of my environment My skills and interests</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years</p>	<p>Body changes during puberty Managing difficult feelings Relationships including marriage</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing</p>
Y5	<p>Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-9-11-years</p>	<p>Recognising and celebrating difference, including religions and cultural Influence and pressure of social media</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-9-11-years</p>	<p>Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-9-11-years</p>	<p>Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-9-11-years</p>	<p>Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-9-11-years</p>	<p>Managing difficult feelings Managing change How my feelings help keeping safe Getting help</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing</p>

		home/valuing-difference-9-11-years	https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-9-11-years	home/rights-and-responsibilities-9-11-years	amily-scarf/scarf-at-home/being-my-best-7-9-years	home/growing-and-changing
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-9-11-years	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-9-11-years	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law) Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-9-11-years	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-9-11-years	Aspirations and goal setting Managing risk Looking after my mental health Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years	Coping with changes Keeping safe Body Image Sex education Self-esteem Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing