

Kenn C of E Primary Curriculum Design for PSHE



Intent

We provide a whole school PSHE curriculum that builds foundations of health and wellbeing, providing crucial skills and positive attitudes to enable children to achieve their best potential, academically and socially. We want our children to develop and deepen their personal, social, emotional development in ways that are tailored to their age group, whilst also expanding on their previous knowledge as they progress through the school.

Our intention is for our children to learn about themselves as developing individuals and as members of their communities, building on their own experiences and experiences of others. Through our school values and vision, we provide a safe space for the children to learn PSHE, providing them with the ability to make safe and informed choices, taking responsibility for their actions, respecting and valuing difference and being the best that they can be.

'Sowing the seeds of Kindness, Courage and Faith in God's Good Ground'.

At Kenn C of E Primary School, we value, nurture and develop kindness, courage and faith in all areas of our lives. It encompasses everything we teach and model within every aspect of our school day. For example, we ensure that children's courage to work as part of a team or speak out in assembly is celebrated. We may see a child's understanding of another child's differences be accepted and talked about.

Children will learn to show acceptance of others regardless of their background, religion, race, gender or sexuality, and develop their understanding of others. It is our aim to help our pupils to learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

Why SCARF?

There's a clear link between children's [mental and physical wellbeing, and their attainment](#). A whole-school approach to mental wellbeing, involving teachers, pupils and parents/carers working together impacts strongly on pupils' wellbeing, behaviour and learning. Further evidence of this is provided by PHE (now the Health Security Agency) in their publication [Promoting children and young people's emotional health and wellbeing: A whole school and college approach](#).

"Such an approach moves beyond learning and teaching to pervade all aspects of the life of a school, and had been found to be effective in bringing about and sustaining health benefits." Promoting children and young people's emotional health and wellbeing, Public Health England

Implementation

- At Kenn we follow the SCARF PSHE program, which is a whole school approach that provides a scheme of learning from the Early Years Foundation Stage through to, and including, Year 6.
- SCARF, standing for Safety, Caring, Achievement, Resilience and Friendship is mapped to the PSHE Association programmes of study. It is centred on a values based, 'Growth Mindset' approach and is divided into six half- termly units. The units are tailored to each year group under the following themes:

- o Being my Best,
- o Me and my Relationships,
- o Keeping Myself Safe,
- o Valuing Difference,
- o Growing and Changing,
- o Rights and Responsibilities.

The units are taught through a spiral curriculum, being explored in greater depth and resources being tailored to each age group. See additional documentation " PSHE wellbeing and long term plan". This also includes activities for parents to use at home with their child/ren.

- Every teacher has access to SCARF online resources, which include lesson plans and additional resources for use/ amendment. This is including additional issues that may arise in classrooms regarding certain topics.
- Children have the opportunity to take part in an additional SCARF workshop during the academic year which motivates the children's learning and enjoyment of PSHE, a Buzz Point of the curriculum.
- We embed our school values, promoted throughout the curriculum wherever possible of; Kindness, Courage and Faith. The British Values are also embedded throughout the curriculum where possible. The values play a key part within our collective worship focuses each term.
- As well as using the SCARF scheme, we also use assemblies to discuss matters such as 'random acts of kindness', anti-bullying, e-safety, mental health and wellbeing etc.
- Pupils with SEND and our vulnerable children will have the content made accessible to them by their class teacher in a format that works for them.The

SCARF program ensures that all children are included by providing different strategies and ways of learning.

Impact

- A meaningful PSHE curriculum helps to support the children to become happier, positive about school life as a whole, have a better understanding of rules and responsibilities, being enabled to handle setbacks and disagreements.
- Children have a safe space in which to discuss their feelings, opinions and develop their emotional intelligence.
- Teachers use informal assessment tools to review how the children are progressing within each area of PSHE learning. times, discussions, focus questions, independent tasks.
- Children recognise and understand the school values and the fundamental British values.
- Children demonstrate a healthy outlook towards school, and demonstrate positive behaviour because they understand that they have a responsibility for their own actions and how they affect others.

Name of school: Kenn C of E Primary School

Date of policy: 17/01/24

Members of staff responsible for Relationships Education and Health Education: Rachel Garner

Line Manager (Member of SMT): Joe Baxter

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